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| Januar |  |
| 2023 | AllesWAS DIE SEELE DURCHEINADER RÜTTELT,ist Glück.Arthur Schnitzler |
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| **Montag** | **Dienstag** | **Mittwoch** | **Donnerstag** | **Freitag** | **Samstag** | **Sonntag** |
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| Februar |  |
| 2023 | DIE VerantwortungFÜR SICH SELBST IST DIE WURZELJEDER VERANTWORTUNGMong Dsi |
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| März | Das Rezept fürGelassenheit ist einfach.MAN DARF SICH NICHT ÜBER DINGE AUFREGEN,DIE NICHT ZU ÄNDERN SIND.Helen Vita |
| 2023 |  |
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| **Montag** | **Dienstag** | **Mittwoch** | **Donnerstag** | **Freitag** | **Samstag** | **Sonntag** |
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| April | WIR GEHEN MIT DIESER WELT UM,ALS HÄTTEN WIR NOCH EINEZWEITE IM KofferraumJane Fonda |
| 2023 |  |
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| Mai | VERBRINGE DIE **Zeit** NICHT MITDER SUCHE NACH EINEM HINDERNIS.VIELLEICHT IST JA KEINES DA.Franz Kafka |
| 2023 |  |
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| Juni | Der Zweck des Lebens ist das Leben selbst.Johann Wolfgang von Goethe |
| 2023 |  |
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| Juli |  |
| 2023 | EINEN Engel ERKENNT MAN ERST, WENN ER VORÜBERGEGANGEN IST.Jüdisches Sprichwort |
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| August |  |
| 2023 | AM reichsten SIND DIE MENSCHEN,DIE AUF DAS MEISTE VERZICHTEN KÖNNEN.Rabindranath Tagore |
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| September |  |
| 2023 | ES SIND DIE Träumer DIE DIE WELT BEWEGEN UND VERÄNDERNMarcel Marceau |
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| Oktober |  |
| 2023 | **Achte auf deine Gedanken** SIE SIND DER ANFANG DEINER TATEN.Aus China |
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| **Montag** | **Dienstag** | **Mittwoch** | **Donnerstag** | **Freitag** | **Samstag** | **Sonntag** |
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| November |  Das Glücksgefühl WOHNT NICHT IM BESITZ UND NICHT IM GOLD,DAS GLÜCKSGEFÜHL IST IN DER SEELE ZU HAUSE.Demokrit |
| 2023 |  |
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| **Montag** | **Dienstag** | **Mittwoch** | **Donnerstag** | **Freitag** | **Samstag** | **Sonntag** |
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| DEZEMBER |  |
| 2023 | GEH DEINEN Weg UND LASS DIE LEUTE REDENDante Alighieri |
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| **Montag** | **Dienstag** | **Mittwoch** | **Donnerstag** | **Freitag** | **Samstag** | **Sonntag** |
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| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
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